

MAHARSHI DAYANAND UNIVERSITY ROHTAK

(A State University established under Haryana Act XXV of 1975)
A+ Grade University accredited by NAAC

Dean Students' Welfare Office

No./DSW/23/162
Dated:02 -03 -2023

NOTIFICATION

The Dean Students' Welfare Office has extended so many services to the students for their academic, physical and mental developments. The various streams have been established to channelize the energy of Youth in a positive direction. Yoga Club is one of the distinguished programme of the Office being running since 2002. Every year UTDs students are being trained through this programme for their physical and mental well being. **Three months Yog training programme for the session 2022-23 will be conducted in collaboration with Centre for Yogic Studies from March 21, 2023 to June 20, 2023.**

All the Heads/Directors of the University Teaching Departments, MDU, Rohtak are requested to circulate the notice among the students of your department/institute.

Last Date of Registration is March 20, 2023. For any query the students can contact to office in working days & hours/Mr. Naresh 9812402030.

Registration Google form link:

<https://forms.gle/fJZtytGCBm9HtSiK9>



Whatsapp group link for **Female students** : <https://chat.whatsapp.com/LMWSAj7FXuN0Jz7F0gN7X3>

Whatsapp group link for **Male students**: <https://chat.whatsapp.com/L5xQJrXJFZa91iGRCwoQhJ>

Thanks and regards.



Dean Students' Welfare